

## ST. MARY'S PARISH PRE-AUTHORIZED GIVING PLAN (PAG)



The Pre-Authorized Giving (PAG) Program enables you to make donations to the parish on a monthly or semi-monthly basis right from your bank account. It eliminates the need of having the correct amount of cash on Sunday and/or from having to write a cheque.

*For more information or to enroll, please see the pamphlets at the church entrances or at the Parish Office.*

DATE	TIME	EPISTLE	CANTOR	USHERS	ORGANIST
SAT NOV 7	5:00 pm English	Tom Abrametz	Saturday Evening Group	Tom Abrametz Julie Abrametz	
SUN NOV 8 <i>23rd Sunday after Pentecost</i>	9:00 am Ukrainian	Sonia Popowich	Lorne Stechyshyn	Ukrainian Catholic Brotherhood	
	11:00 am English	Laurie Fedorowich	Laurie Fedorowich Ron Wizniak	Eugene Maystrowich Bev Maystrowich	Iris Skehar
SAT NOV 14	5:00 pm English	Sr. Suzanne Kokuruds	Saturday Evening Group	Jean Kitsch Sonia Starling	
SUN NOV 15 <i>24th Sunday after Pentecost</i>	9:00 am Ukrainian	Harry Kardynal	Lorne Stechyshyn	Ukrainian Catholic Brotherhood	
	11:00 am English	Kathy Rusnak	Laurie Fedorowich Ron Wizniak	Bob Rusnak Kathy Rusnak	Iris Skehar

<b>SUNDAY COLLECTION</b>	Received on 72 Regular Envelopes (Oct 25).....	\$ 1,314.25
	Received on 77 Regular Envelopes (Nov 1) .....	\$ 2,307.00
	Received in Loose Collection .....	\$ 26.75
	Received in 7 Other Envelopes .....	\$ 130.00
<b>Oct 25, 2020</b>		
<b>Nov 1, 2020</b>		

 **EMAIL BULLETIN** - If you would like to have the Bulletin emailed to you please send your request to: [st.mary.yorkton@sasktel.net](mailto:st.mary.yorkton@sasktel.net)

### CONTACT INFORMATION

OFFICE: [st.mary.yorkton@sasktel.net](mailto:st.mary.yorkton@sasktel.net)  
WEB: [www.saintmarysyorkton.com](http://www.saintmarysyorkton.com)

PASTOR: [lmalkov@sasktel.net](mailto:lmalkov@sasktel.net)  
EPARCHY OF SASKATOON: [www.skeparchy.org](http://www.skeparchy.org)

Eparchial Pastoral Council - Pat Thompson 306-782-9425 Geraldine Koban 306-782-0270  
Parish Council President - Bill Prybylski 306-782-5259

Knights of Columbus - Steve Popowich 306-783-5441 UCWLC - Gwen Bilyk 306-782-4093  
UCBC - Dave Spelay 306-782-5320 Cultural Centre - Eugene Maystrowich 306-782-5004  
Golden Agers - Verna Moroz 306-783-6293 Cultural Centre Manager - Stan Shymanski 306-782-1010

## ST. MARY'S UKRAINIAN CATHOLIC CHURCH

Церква Матері Божої Неустанної Помочі

Our Mother of Perpetual Help

155 Catherine Street, Yorkton, SK S3N 0B9

VOL. 57, No. 29

PARISH BULLETIN

Nov 8 & 15, 2020

Christ is Among Us !  
He is and will be !

Христос Посеред нас !  
Є і буде !



**WE WILL BE FOLLOWING THE PROVINCIAL COVID-19 GUIDELINES:**

*Everyone is urged to sign in when coming for Divine Liturgy*

**\*\*Please use Social Distancing - Do not crowd the pews, please stay within your family group\*\***

### PASTORAL CARE OF THE UKRAINIAN REDEMPTRISTS

Fr. Leonid Malkov, CSsR - Pastor  
Fr. Yevhen Zadorozhnyi, CSsR - Assistant Pastor

**\*\*NEW OFFICE HOURS\*\***

Tuesday - Thursday  
\*\*9:00 am - 12:00 pm\*\*

Office 306-783-4594  
Info Line 306-782-0654

SICK CALLS - Anytime

**BAPTISMS & MARRIAGES\*** by Appointment

*\*Please contact the pastor at least six months before the wedding date.*

### DIVINE LITURGY SCHEDULE

#### SUNDAY

Saturday	5:00 pm	English
Sunday	9:00 am	Ukrainian
	11:00 am	English

#### HOLY DAYS

9:00 am

#### WEEKDAYS

8:00 am	Monday - Friday
9:00 am	Saturday

*\* Please check in the bulletin for the Co-Vid Safety Procedures*



## REMINDER OF THE CO-VID PROCEDURES

*We realize that everyone is very tired of this pandemic. However, in order to keep our numbers low and not return to a lockdown situation, we must continue to adhere to the procedures:*



1. **We must all sign in at each Divine Liturgy.** In the event of someone contracting Co-Vid this information is needed for contact tracing. There is a sign in sheet at each entrance.
2. **Please do not crowd the pews.** Only members of an immediate household should sit in a pew.
3. **Remember to use Hand Sanitizer** when arriving at church and when leaving.
4. **Please remember to be kind and patient.** No one wants to see anyone contact this awful virus.
5. **No Shaking Hands or Kissing Icons or the Gospel**
6. **Divine Liturgy Books:** Use one and then take it home. Do not leave it in the pew. It will be yours to bring to each Divine Liturgy.
7. **Receiving Communion:** Please stay in your pew, Father will come to you and will place the host in your folded hands
8. **No Gathering:** Please no "gathering" or "visiting" together inside the church or the church grounds.
9. **Let's all pray that a vaccine will be ready soon.** That is how we can return to normal. We should also remember those who cannot attend church because of a compromised immune system.

**IF: YOU ARE FEELING UNWELL: PLEASE STAY HOME**  
**YOU ARE FEELING AFRAID: PLEASE STAY HOME**

*Thank you for your continued prayers, patience and adherence to the rules.*

## How Many Days Till Christmas ?

This will be asked many times in the coming weeks. But will this question cause us to think about preparing for the HOLIDAY SEASON or the HOLY DAY, CHRISTMAS? In all the rushing around, it is easy to forget that Jesus is the reason for the season. This is why the Church provides us with the time of the PRE-CHRISTMAS FAST, PYLYPIVKA sometimes called ADVENT, which begins on November 15 in our Ukrainian Catholic Church.

This period of preparation is a time of expectation, a time to ready our hearts for celebrating the presence of the Lord in the child born in Bethlehem. Society tells us to prepare and expect for another reason. The parking lots at the malls will be full, there will be more traffic on the roads, and checkout lines will be busier. The world begins to prepare early and we are touched by it. Our preparation, however, should include reflection on the rich mercy of our God who shares His only Son with us.

## UPCOMING EVENTS

November 28	Holodomor Commemoration - Divine Liturgy with Panakhyda	9:00 am
December 6	Feast of St. Nicholas	



**ST. MICHAEL'S CAMP**  
(Ukrainian Catholic Church Camp of Saskatchewan Inc.)  
**NOTICE OF ANNUAL GENERAL MEETING**  
**SUNDAY, NOVEMBER 8, 2020**  
**VIRTUAL WEB MEETING AT 2:00 pm**

To get your name and email address on the invitation list for the meeting, please email: [stmichaelscamp@sasktel.net](mailto:stmichaelscamp@sasktel.net) to register.

To be eligible to vote you need to have been a member in 2019 and have renewed your membership in 2020.

Membership Form and details for Membership Fee submission are available at: <http://www.stmichaelscamp.com/news/st-mikes-2020-agm/>

**MEMBERSHIP FORMS AND FEES MUST BE RECEIVED PRIOR TO THE MEETING DATE.**

### \*\*PARISH DIRECTORY UPDATE\*\*

***We are back in business!***

- \* Parishioners who have not yet gotten their pictures taken for the directory can do so starting on November 13<sup>th</sup> and continuing to November 14<sup>th</sup>.
- \* Social distancing procedures will be affect at this time and will be explained to parishioners prior to your appointment times.
- \* Anyone having questions or wanting to get their pictures taken please call **Rose Maleschuk at 306-621-4987.**
- \* Hopefully and praying that once this session is completed that we will have our directory finalized and distributed by March.

***Thank you everyone for your patience and understanding on the delay of the church directory. Take care, stay safe and God Bless.***



### COVENANT OF CARE ABUSE AND MISCONDUCT PROTOCOL

The Ukrainian Catholic Eparchy of Saskatoon Covenant of Care Abuse and Misconduct Protocol is designed to ensure that all allegations of physical and sexual abuse and other misconduct are handled responsibly, transparently and with all due care and attention. To speak to someone about a concern please contact your Pastor, Parish Coordinator of Care (PCC)

**Geraldine Koban** at 306-782-0270 or **Deb Larmour**, Eparchial Coordinator of Care at (306)653-0138 ext. 228 or email: [covenantofcare@skeparchy.org](mailto:covenantofcare@skeparchy.org)

More information is available on the Eparchial Website, [www.skeparchy.org](http://www.skeparchy.org)



**UKRAINIAN CATHOLIC**  
FOUNDATION OF SASKATCHEWAN CORPORATION

## “SHARE THE SPIRIT” 50/50 LOTTERY DRAW

(Lottery License - #LR20-0030)

The Ukrainian Catholic Foundation of Saskatchewan (UCFSASK) will again be conducting a “Share the Spirit” 50/50 Lottery Draw. The draw date will be made on **Friday, December 4, 2020, 2:00 pm at 214 Avenue M S, Saskatoon SK.**

The ticket price will be \$20.00 per ticket. The ticket distribution will be as follows:

- \* 50% or \$10.00 of each ticket sold will go to the winner of the lottery draw
- \* 25% or \$5.00 of each ticket sold will go to a Parish/Mission or designated Eparchial Organization named on each ticket by the ticket purchaser as the “Parish/Mission or Eparchial Organization Designation”.
- \* 25% or \$5.00 of each ticket sold will go to UCFSASK
- \* Total number of tickets available for sale: 15,000
- \* Total maximum prize value: \$150,000.00

This “Share the Spirit” Lottery will provide the Faithful of the Eparchy an opportunity to participate in a 50/50 Lottery Draw; to support their favorite Ukrainian Catholic Parish/Mission or the designated Eparchial Organization in the Eparchy of Saskatoon; and also to assist UCFSASK in promoting the cultural, social, educational and spiritual initiatives, policies, and objectives of the Eparchy of Saskatoon among Ukrainian Catholics in the Province of Saskatchewan.

Very shortly each Parish Family in the Eparchy will receive a package containing information concerning this lottery draw and tickets for purchase. Please check your mailbox for your package.

Please consider the purchase of the 50/50 Lottery Ticket, and help support a Parish/Mission, or a designated Eparchial Organization and UCFSASK. We thank you graciously and humbly ask for your support. The winner of the 2019 “Share the Spirit – 50/50 Lottery draw won \$29,220.00 (2018 - \$29, 440.00).

For more information on the Lottery, please contact the Foundation office at (306) 653-0138, ext. 223 (collect).

If you want more detailed information on the “Share the Spirit” 50/50 Lottery, please visit the UCFSASKI Website at [www.ucfsask.org](http://www.ucfsask.org)

**23RD SUNDAY AFTER PENTECOST**  
**24TH SUNDAY AFTER PENTECOST**

**NOVEMBER 8, 2020**  
**NOVEMBER 15, 2020**

*The theme of Sunday is always Resurrection.  
We invite you to refrain from kneeling during the Divine Liturgy.*

*Today's special liturgical parts & readings are found on the  
Tropars, Kondaks, Epistle & Gospel Readings handout available at the entrances.*

*Please remember: the Divine Liturgy Book you use is yours to use for the duration of the Covid Procedures. Please remember to take it home and bring it back to use next time.*

### THE NEXT TWO WEEKS AT ST. MARY'S

<b>SUN</b>	<b>Nov 8</b>	9:00 am.....	Divine Liturgy <i>(Ukrainian)</i>
		11:00 am.....	Divine Liturgy <i>(English)</i>
<b>SAT</b>	<b>Nov 14</b>	9:00 am .....	Divine Liturgy
		5:00 pm.....	Divine Liturgy
<b>SUN</b>	<b>Nov 15</b>	<i>Pylypivka (Pre-Christmas Fast) Begins</i>	
		9:00 am.....	Divine Liturgy <i>(Ukrainian)</i>
		11:00 am.....	Divine Liturgy <i>(English)</i>
<b>TUE</b>	<b>Nov 17</b>	7:00 pm.....	Parish Council Meeting
<b>SAT</b>	<b>Nov 21</b>	<i>Feast of the Presentation of the Mother of God in the Temple</i>	
		9:00 am .....	Divine Liturgy
		5:00 pm.....	Divine Liturgy



### PLEASE WEAR A MASK

While it is not mandatory to wear a mask, *we are strongly encouraging everyone to wear a mask* when attending Divine Liturgy. Please remember it will help protect you and those around you from Covid.

*Thank you for your continued cooperation and understanding during the pandemic.*

**DEADLINE** for submissions to the bulletin **Wednesdays at 12:00 Noon.** The next bulletin will be printed for Sunday, November 22<sup>nd</sup>. Please call the Parish Office in the mornings on Tuesday, Wednesday or Thursday or email your information to [st.mary.yorkton@sasktel.net](mailto:st.mary.yorkton@sasktel.net).

**WEDDING PLANS ??-** If you are planning to be married at St. Mary's or any of the Yorkton District parishes, **please contact Fr. Leonid (306-783-4594) at least six months before the wedding date.**

### DEEPEST SYMPATHY

We express our sympathy & prayers to the family & friends of  
**+George Rurak** who passed away recently.

**Вічная Память    God Grant Him Eternal Rest    Вічная Память**

## DIVINE LITURGY INTENTIONS


SUNDAY, NOVEMBER 8



**23rd Sunday after Pentecost** **Ephesians 2:4-10 ~ Luke 8:26-39**  
**MON Nov 9 Venerable Matrona** **1 Thessalonians 2:20-3:8 ~ Luke 11:29-33**

8:00 am +Walter and +Mary Slota.....SSMI  
**TUE Nov 10 Apostle Erastus** **1 Thessalonians 3:9-13 ~ Luke 11:34-41**

8:00 am +Fr. Len Ratushniak, CSsR.....Robert & Lydia Sliva  
**WED Nov 11 Mennas and Victor** **1 Thessalonians 4:1-12 ~ Luke 11:42-46**

8:00 am  **+Those who served and died for Canada**  
**THU Nov 12 St. Josaphat, Archbishop & Martyr** **Hebrews 4:14-5:10 ~ John 10:9-16**

8:00 am  Members and Families.....UCWLC  
**FRI Nov 13 St. John Chrysostom** **Hebrews 7:26-8:2 ~ John 10:9-16**


  8:00 am Health & God's Blessings for Joseph Smigelski.....Victor & Vickie Puchala  
**SAT Nov 14 Apostle Philip** **1 Corinthians 4:9-16 ~ John 1:43-51**

9:00 am  Health for family.....N.N.  
 5:00 pm Health & God's Blessings for Ed Greene.....Ben & Vi Kluk

## DIVINE LITURGY INTENTIONS

SUNDAY, NOVEMBER 15


**24th Sunday after Pentecost** **Ephesians 2:14-22 ~ Luke 8:41-56**  
**MON Nov 16 Apostle & Evangelist Matthew** **1 Corinthians 4:9-16 ~ Matthew 9:9-13**

8:00 am  Health & Salvation for the Yawney families.....Family  
**TUE Nov 17 St. Gregory** **2 Thessalonians 1:10-2:2 ~ Luke 12:42-48**

8:00 am +Peter and +Anne Belbow.....Agnes & Michael Geysen  
**WED Nov 18 Plato and Roman** **2 Thessalonians 2:1-12 ~ Luke 12:48-59**

8:00 am +Ron Popowich.....Knights of Columbus  
**THU Nov 19 Prophet Obadiah** **2 Thessalonians 2:13-3:5 ~ Luke 13:1-9**

8:00 am +Fran Uhryn.....Ted & Emily Deneschuk  
**FRI Nov 20 Venerable Gregory** **2 Thessalonians 3:6-18 ~ Luke 13:31-35**

 8:00 am +Terry Tretiak.....Angeline & Joseph Sass  
**SAT Nov 21** **Hebrews 9:1-7 ~ Luke 10:38-42; 11:27-28**  
 9:00 am **Feast of the Presentation of the Mother of God in the Temple**

5:00 pm Health & God's Blessings for Lorne & Elsie Stechyshyn.....Anna Gulka

## Saint Mary's Building Fund Donations



*In Memory of George Rurak*  
 Doreen Pohorelic \$ 20.00

**Balance of the Fund to date: \$344,963.90 Thank you very much**

Donations may be given anytime.  
 All funds collected will be used for the future renovations of our church.  
 Building Fund Envelopes are available at the entrances of the Church

## ST. MARY'S CHURCH DONATIONS

<p><i>In Memory of Adeline Maduck</i>                  Julia Krewda &amp; Lorraine Lautsch \$ 50.00                  Nick &amp; Lorraine Maduck \$ 100.00                  Andy Mathuik &amp; Family \$ 50.00</p>	<p><i>In Memory of Ron Popowich</i>                  Dennis &amp; Linda Benko \$ 50.00</p> <p><i>In Memory of Lena Evancio</i>                  Andy Mathuik &amp; Family \$ 20.00                  John &amp; Heather Uhryn \$ 20.00                  Larry &amp; Sandra German \$ 20.00</p>
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**Thank you for your donations!**

**CHURCH DONATIONS-** To ensure that your donation is properly recorded and acknowledged, please mark your envelope and the memo line on your cheque **"In memory of..."** or **"On the occasion of..."**



## \*\*CANTOR NEEDED\*\*

We are looking for someone to cantor and lead the responses for the Saturday evening Divine Liturgy at 5:00 pm. This is an English only liturgy. If you are interested in assisting the Parish in this way, please contact **Fr. Leonid** at 306-783-4594 or speak to him after Divine Liturgy.

**DIVINE LITURGY INTENTIONS -** If you are making an offering for this service by cheque, please make your cheque payable to: Ukrainian Catholic Mission

\*\*In accordance with the **Eparchial Stipend Schedule** (effective November 1, 2017), the suggested **stipend (offering)** for a Divine Liturgy Intention is **\$20.00**.

**\*\*NEW\*\* You can find Liturgy Request Forms with envelopes at the Church Entrances.** Once you have completed the form, place it in the envelope with your stipend, seal the envelope and drop into the collection plate or through the mail slot in the Rectory.

NOTICE OF ANNUAL GENERAL MEETING OF THE  
UKRAINIAN CATHOLIC FOUNDATION OF SASKATCHEWAN CORPORATION

- When:** Saturday, November 14, 2020
- Time:** Registration - 1:30pm to 2:00pm      Annual General Meeting – 2:00 pm
- Where:** St. George's Ukrainian Catholic Church Auditorium (210 Avenue M South, Saskatoon)
- Who:** All members of a Ukrainian Catholic parish or mission within the Ukrainian Catholic Eparchy of Saskatoon who are 18 years of age or older are entitled to attend and vote at the meeting.
- Purpose:** This meeting is being called for the purposes of:
- ▶ Approving the Financial Statement Reviewer's Report and the Annual Financial Statements for the fiscal year ending December 31, 2019.
  - ▶ Appointing a Reviewer/Auditor of our financial records for the next fiscal period.
  - ▶ Approving Bylaws or Amendment to the Bylaws – none to consider for this Annual Meeting.
  - ▶ Reporting of activities and motions of the Directors to the membership.
  - ▶ Electing Directors.
  - ▶ For transacting such other business as may properly come before an Annual General Meeting.

**Access to Documents:** Annual Meeting Documents and the Financial Statements will be posted on the Ukrainian Catholic Foundation of Saskatchewan website – by no later than October 25, 2020. You may also pick up copies at the Foundation Office at 214 Avenue M South, Saskatoon Saskatchewan.

**NOTE:** Due to the COVID-19 provincial government gathering restrictions, attendance for the Annual Meeting will need to be limited to 30 people. If you wish to attend the Foundation's Annual Meeting you will need to register prior to Friday, November 13, 2020 by calling the Foundation's office at 306-653-0138, ext 223, or email the Foundation's office at [admin@ucfsask.org](mailto:admin@ucfsask.org).

UKRAINIAN CATHOLIC FOUNDATION OF SASKATCHEWAN CORPORATION

**Call for Nominations to  
the Board of Directors of Ukrainian Catholic Foundation of Saskatchewan**

Ukrainian Catholic Foundation of Saskatchewan is searching for people who are interested in serving on our Board of Directors. To qualify, a person must be 18 years of age or older, a resident of Canada and a member in good standing with a Ukrainian Catholic Parish or Mission within the Ukrainian Catholic Eparchy of Saskatoon.

The Board has a vacancy from the Prince Albert and Saskatoon Deanery. If you are interested in serving on the Board of Directors as a deanery representative from either the Prince Albert or Saskatoon Deaneries, please contact the Office Administrator, Iris Owchar at 306-653-0138, ext 223, or email your intention to [admin@ucfsask.org](mailto:admin@ucfsask.org). Each nomination will require a letter of support from your Pastor. **Nominations will close on Monday, November 9, 2020.** Directors will be elected at the Annual Meeting on Saturday, November 14, 2020.

## Thank you from St. Mary's School...

St. Mary's School's Nutrition program received a generous donation from **Mrs. Edna Popowich**, in memory of **Ron Popowich**. St. Mary's Nutrition worker, Cheryl Villeneuve and St. Mary's Principal, Lana Klemetski, and all the students would like to thank Steve Popowich from the Knights of Columbus #5182. Ensuring a child's basic needs are being met is critical to learning, and the school is fortunate to be able to have this program to provide breakfast and lunch to their students.

Also St. Mary's School Grade 2/3 class would like to thank **Mr. and Mrs. Edwin and Shirley Rotinsky** for the support and donation of seeds for their Science class experiment. They are learning about what plants need to grow and how they can care for plants. These future gardeners thank you!



2020

### NATION BUILDERS AND COMMUNITY RECOGNITION AWARDS

#### Nation Builders Award Winners:

Lesia Maruschuk (Alvena - Ottawa)

Bishop Emeritus Michael Wiwchar, CSsR (Komarno, MB - Ituna)

#### Community Recognition Awards

Judy-Anne Chabun (Canora - Saskatoon)      Mary Humen (Krydor - Saskatoon)

Elsie Michayluk (Rosthern - Hafford)      Marion Mutala (Kenaston - Saskatoon)

Rose Mydyski (Arran)      Leona Procyshyn (Regina - Yorkton)

Kalicia Chorney (Nipawin - Saskatoon)      Ethan Fedorchuk (Swan River, MB - Saskatoon)

### PLEASE REMEMBER THAT OUR CHURCH IS A SACRED SPACE...

Please refrain from speaking loudly in church.

People are praying and need silence.

Also, kindly silence your mobile devices during Divine Liturgy.

Thank you.



*Take Time to Remember...*

*Lest We Forget*



## Eparchy of Saskatoon

### Family and Life Office Bulletin:

November 2020

The future of the world passes through the family  
St. John Paul II, *Familiaris Consortio*, 79

**Marital PEACE in a time of crisis:** In our last insert we reflected on family peace. Who knew that COVID-19 would continue to put such incredible strain on our lives and relationships? Divorce and mental health issues such as anxiety and even suicide are on the increase. This makes working to strengthen our relationships more critical than ever. Here is a beautiful marriage “check in” that though simple and relatively easy to do, if exercised faithfully and with love, can be a couple communication lifesaver (adapted from [www.oftheearth.com](http://www.oftheearth.com)):

#### Weekly “check in” questions:

1. What is something specific I did last week that made you feel loved, honoured, and/or respected? If you didn't feel this way, explain why not.
2. What does your upcoming week entail? What is something specific I can do to help you feel loved, honoured, and/or respected?
3. How can I pray for you?
4. What else would you like to share with me?

**Semi-annual “check in” questions:**<sup>11</sup> These discussion points should form a “check in” at least every 6 months but...quarterly, or more often might be better for some questions, depending on what is going on in your life.

1. What progress have we made towards the goal of helping each other grow in the fullness of life and holiness? What achievable goals have we set and how are we doing on them?
2. Does it seem that there is anything keeping one or both of us from following God's will in our lives? What can I do to help you?
3. Are you satisfied with the way we share responsibilities? Explain why or why not.
4. Is there anything I do (or fail to do) that seems to indicate lack of wholehearted commitment to making Christ the center of our marriage?
5. In what characteristic or attribute would you like to see me grow? Explain why.
6. Are you satisfied with the frequency and quality of our physical intimacy? Is there anything that is an obstacle to our lovemaking as a total gift of self, which is also free, faithful and fruitful?

*Remember to be gentle with each other .... Discuss, hold hands and look into one another's eyes. This is “date night” material. Don't forget to pray, thank and petition God together. You made a public commitment (vow) of love to God and each other. Worship together. Trust Christ to provide the grace to heal your pain, help you forgive. He has promised to be with you through all your struggles. Work at following and growing closer to Him together. Don't be afraid to seek spiritual direction or counsel in your relationship.*

“Are you a ‘compatible’ couple? “Compatible” comes from the latin *compati*, meaning “to suffer with”. If you are not willing to suffer with someone until death do you part, then you are not compatible.” (Jason Evert) This is reflected in our beautiful marriage Ceremony of Crowning. The couple is crowned both as a foreshadowing of their ‘eternal’ crowns, with the goal of helping each other to attain eternal life as the ultimate end of marriage, but also as martyrs crowns, acknowledging the sacrifice which comes with learning to love as Christ loves, as we journey through life together.

#### Marriage Ministry Resources:

##### Marriage Enrichment:

**REFOCCUS:** The Eparchial Family and Life Office has offered FOCCUS for engaged couples over the past few years with very good feedback. It is now pleased to announce REFOCCUS as a marriage enrichment tool to married couples. See: <https://www.focusinc.com/refocus-inventory.apsx> If you are interested in doing a REFOCCUS as personal discussion tool and/or would like to be part of a REFOCCUS online mini retreat, please call Deb Larmour at 306-653-0138 Ext 228. (This is not marriage counselling but rather a couple directed inventory and discussion tool with the option of having a facilitated discussion or be part of a discussion group/mini-retreat on pertinent topics that come out of the inventory subjects.)

**Retrouvaille:** For confidential information about the next Retrouvaille weekend in Saskatoon call Ben & Joanne at (306) 652-7155 or email: [retrouvaille@sasktel.net](mailto:retrouvaille@sasktel.net) For more information see: <https://rcdos.ca/ministries-services/marriage-and-family-life-retrouvaille-a-alifeline-for-troubles-marriages>

#### Counselling and Spiritual Direction:

##### Your Parish Priest:

##### Catholic Family Services:

Saskatoon: <https://www.cfssaskatoon.sk.ca/services/counselling-team/>

Regina: <https://cfsregina.ca/counselling/>

Battlefords: [https://wwwi.battlefordscfs.ca/our\\_services/counselling.html](https://wwwi.battlefordscfs.ca/our_services/counselling.html)

##### Vivens Counselling:

(Catholic counselling and self development teaching services offered)

<https://www.vivens.org/home/counselling/> ; [vivenscounselling@gmail.com](mailto:vivenscounselling@gmail.com)

##### Pornography:

**Detox Program:** <https://www.strive21.com>

**Docuseries on harmful effects of porn:**

<https://brainheartworld.org/>

**TROPARS, KONDAKS, EPISTLE & GOSPEL FOR  
SUNDAY, NOVEMBER 8  
23RD SUNDAY AFTER PENTECOST  
ST. MICHAEL, THE ARCHANGEL**



**Sunday Tropar, tone 6:** Angelic powers were upon Your tomb\* and the guards became like dead men;\* Mary stood before Your tomb seeking Your most pure body.\* You captured Hades without being overcome by it.\* You met the Virgin and granted life.\* O Lord, risen from the dead, glory be to You.

*Glory be to the Father, and to the Son, and to the Holy Spirit, now and forever and ever. Amen!*

**Kondak, tone 6:** With His life-giving hand Christ our God, the Giver of life,\* raised all the dead from the murky abyss\* and bestowed resurrection upon humanity.\* He is for all the Savior,\* the resurrection and the life, and the God of all.

**Prokimen, tone 6:** Save Your people, O Lord, and bless Your inheritance.

**Verse:** *Unto You I will cry, O Lord my God, lest You turn from me in silence.*

**Epistle:** A reading from the Second Letter of the Holy Apostle Paul to the Ephesians (2: 4 - 10)

Brothers and Sisters! God is rich in mercy; because of his great love for us he brought us to life with Christ when we were dead in sin. By this favor you were saved. Both with and in Christ Jesus he raised us up and gave us a place in the heavens, that in ages to come he might display his kindness to us in Christ Jesus. I repeat, it is owing to his favor that salvation is yours through faith. This is not your own doing, it is God's gift; neither is it a reward for anything you have accomplished, so let no one pride himself on it. We are truly his handiwork, created in Christ Jesus to lead the life of good deeds which God prepared for us in advance.

**Alleluia Verses:**

*He who lives in the aid of the Most High, shall dwell under the protection of the God of heaven.*

*He says to the Lord: You are my protector and my refuge, my God, in Whom I hope.*

**Gospel:** Luke 8: 26 - 39

At that time, Jesus came into the country of the Gerasenes, which is opposite Galilee. When he came to land, he was met by a man from the town who was possessed by demons. For a long time he had not worn any clothes, he did not live in a house, but among the tombstones. On seeing Jesus he began to shriek; then he fell at his feet and exclaimed at the top of his voice, "Jesus, Son of God Most High, why do you meddle with me? Do not torment me, I beg you." By now Jesus was ordering the unclean spirit to come out of the man, This spirit had taken hold of him many a time. The man used to be tied with chains and fetters, but he would break his bonds and the demon would drive him into places of solitude. "What is your name?" Jesus demanded. "Legion," he answered, because the demons who had entered him were many. They pleaded with him not to order them back to the abyss. It happened that a large herd of swine was feeding nearby on the hillside, and the demons asked him to permit them to enter the swine. This he granted. The demons then came out of the man and entered the swine, and the herd charged down the bluff into the lake, where they drowned. When the swineherds saw what had happened, they took to their heels and brought the news to the town and country roundabout. The people went out to see for themselves what had happened. Coming on Jesus, they found the man from whom the devils had departed sitting at his feet dressed and in his full senses; this sight terrified them. They were told by witnesses how the possessed man had been cured. Shortly afterward, the entire population of the Gerasene territory asked Jesus to leave their neighborhood, for a great fear had seized them; so he got into the boat and went back across the lake. The man from whom the devils had departed asked to come with him, but he sent him away with the words, "Go back home and recount all that God has done for you." The man went all through the town making public what Jesus had done for him.

**Communion Hymn:** Praise the Lord from the heavens, praise Him in the highest. Alleluia! Alleluia! Alleluia!

**TROPARS, KONDAKS, EPISTLE & GOSPEL FOR  
SUNDAY, NOVEMBER 15  
24TH SUNDAY AFTER PENTECOST**



**Tropar, tone 7:** : By Your cross You destroyed death;\* You opened Paradise to the thief;\* You changed the lamentation of the myrrh-bearers to joy,\* and charged the apostles to proclaim\* that You are risen, O Christ, our God,\* offering great mercy to the world.

*Glory be to the Father, and to the Son, and to the Holy Spirit, now and forever and ever.  
Amen!*

**Kondak, tone 7:** No longer shall the dominion of death be able to hold humanity,\* for Christ went down shattering and destroying its powers.\* Hades is bound.\* The prophets exult with one voice.\* The Savior has come for those with faith, saying:\* "Come forth, O faithful, to the resurrection!"

**Prokimen, tone 7:**

The Lord will give strength to His people; the Lord will bless His people with peace.

*Verse: Bring to the Lord, O you sons of God; bring to the Lord young rams.*

**Epistle:** A reading from the Letter of the Holy Apostle Paul to Ephesians. (2: 14 - 22)

Brothers and Sisters! It is Christ who is our peace, and who made the two of us one by breaking down the barrier of hostility that kept us apart. In his own flesh he abolished the law with its commands and precepts, to create in himself one new man from us who had been two and to make peace, reconciling both of us to God in one body through his cross, which put that enmity to death. He came and "announced the good news of peace to you who were far off, and to those who were near"; through him we both have access in one Spirit to the Father. This means that you are strangers and aliens no longer. No, you are fellow citizens of the saints and members of the household of God. You form a building which rises on the foundation of the apostles and prophets, with Christ Jesus himself as the capstone. Through him the whole structure is fitted together and takes shape as a holy temple in the Lord; in him you are being built into this temple, to become a dwelling place for God in the Spirit.

**Alleluia Verses:**

*It is good to give praise to the Lord; and to sing in Your name, O Most High.*

*To announce Your mercy in the morning and Your truth every night.*

**Gospel:** Luke 8: 41 - 56

At that time, a man named Jairus, who was chief of the synagogue, came up and fell at Jesus' feet, begging that he come to his home because his only daughter, a girl of about twelve, was dying. As Jesus went, the crowds almost crushed him. A woman with a hemorrhage of twelve years' duration, incurable at any doctor's hands, came up behind him and touched the tassel on his cloak. Immediately her bleeding stopped. Jesus asked, "Who touched me?" Everyone disclaimed doing it, while Peter said, "Lord, the crowds are milling and pressing around you!" Jesus insisted, "Someone touched me, I know that power has gone forth from me." When the woman saw that her act had not gone unnoticed, she came forward trembling. Falling at his feet, she related before the whole assemblage why she had touched him and how she had been instantly cured. Jesus said to her, "Daughter, it is your faith that has cured you. Now go in peace." He was still speaking when a man came from the ruler's house with the announcement, "Your daughter is dead; do not bother the Teacher further." Jesus heard this, and his response was: "Fear is useless, what is needed is trust and her life will be spared." Once he had arrived at the house, he permitted no one to enter with him except Peter, John, James and the child's parents. While everyone wept and lamented her, he said, "Stop crying for she is not dead but asleep." They laughed at him, being certain she was dead. He took her by the hand and spoke these words: "Get up, child." The breath of life returned to her and she got up immediately; whereupon he told them to give her something to eat. Her parents were astounded, but he ordered them not to tell anyone what had happened.

**Communion Hymn:** Praise the Lord from the heavens, praise Him in the highest.

Alleluia! Alleluia! Alleluia!