

ST. MARY'S UKRAINIAN CATHOLIC CHURCH

Церква Матері Божої Неустанної Помочі

Our Mother of Perpetual Help

155 Catherine Street, Yorkton, SK S3N 0B9

Vol. 59, No. 6

PARISH BULLETIN

MARCH 13 & 20, 2022

Christ is Among Us!

He is and will be!

Христос Посеред нас!

Є і буде!



The parish community of St. Mary's extends a warm
Welcome - Бiтмаємо
to everyone who is with us today, especially all visitors.
We are pleased that you have come to pray with us this Sunday. May the Lord bless You.

PASTORAL CARE OF THE UKRAINIAN REDEMPTORISTS

Fr. Leonid Malkov, CSsR - Pastor
Fr. Yevhen Zadorozhnyi, CSsR - Assistant Pastor
Most Rev. Peter Stasiuk, CSsR

OFFICE HOURS

Tuesday - Thursday
9:00 am - 12:00 pm

Office 306-783-4594

Sick Calls - 306-229-1755

BAPTISMS & MARRIAGES* by Appointment

**Please contact the pastor at least six months before the wedding date.*

DIVINE LITURGY SCHEDULE

SUNDAY

Saturday 5:00 pm English
Sunday 9:00 am Ukrainian
11:00 am English

WEEKDAYS

8:00 am Monday, Tuesday, Thursday
9:00 am Saturday

LITURGY OF THE PRESANCTIFIED GIFTS

7:00 pm Wednesday & Friday English

WAY OF THE CROSS

7:00 pm Mondays English/Ukrainian

ALTAR BOYS & CHILDREN OF MARY



Any children or youth with their First Communion Sacrament are invited to serve as an Altar boy or Children of Mary. Text Rhonda Falconer at 306-641-5333 for more information and training.

DATE	TIME	EPISTLE	CANTOR	USHERS	ORGANIST
SAT MAR 12	5:00 pm English	Delores Oucharek	Delores Oucharek	Peter Moroz Verna Moroz	
SUN MAR 13 <i>2nd Sunday of Lent</i>	9:00 am Ukrainian	Sr. Terry Ann Slofa	Lorne Stechyshyn	Lorne Stechyshyn	
	11:00 am English	Sandra German	Laurie Fedorowich Ron Wizniak	Larry German Sandra German	Iris Skehar
SAT MAR 19	5:00 pm English	Sonia Starling	Sonia Starling	Doreen Rathgeber	
SUN MAR 20 <i>Veneration of the Cross</i>	9:00 am Ukrainian	Ivan Bachynskyy	Lorne Stechyshyn	Lorne Stechyshyn Elsie Stechyshyn	
	11:00 am English	Dolores Harris	Laurie Fedorowich Ron Wizniak	John Woychesko Kathy Woychesko	Iris Skehar

SUNDAY COLLECTION	Received on 79 Regular Envelopes (Feb 27).....	\$ 2,747.00
	Received on 62 Regular Envelopes (Mar 6).....	\$ 2,280.00
FEB 27, 2022	Received in Loose Collection	\$ 220.00
MAR 6, 2022	Received in 14 Other Envelopes	\$ 277.00

CONTACT INFORMATION

OFFICE: st.mary.yorkton@sasktel.net
WEB: www.saintmarysyorkton.com

PASTOR: lmalkov@sasktel.net
EPARCHY OF SASKATOON: www.skeparchy.org

Eparchial Pastoral Council - Pat Thompson 306-782-9425

Parish Council President - Fred Schrader 306-621-7609

Knights of Columbus - Steve Popowich 306-783-5441

UCWLC - Gwen Bilyk 306-782-4093

UCBC - Dave Spelay 306-782-5320

Cultural Centre - Eugene Maystrowich 306-782-5004

Golden Agers - Verna Moroz 306-783-6293

Cultural Centre Manager - Stan Shymanski 306-782-1010

ST. MARY'S PARISH COUNCIL

*Congratulations to our new Parish Council members
who were acclaimed at our Annual Meeting on Sunday, March 6th*



Parish Council Executive

President: Fred Schrader **Past President:** Bill Prybylski
Vice-President: Larry German **Treasurer:** Dolores Harris
Secretary: Darlene Shymanski

Parish Council Committees:

Children & Youth: Lana Klemetski, Rhonda Falconer **Communications:** Vacant
Education: Sonia Starling **Finance:** Doreen Rathgeber
Liturgical/Spiritual: Lorne Stechyshyn, Gwen Bilyk **Building/Property:** Robert Rusnak, Peter Moroz
Outreach: Verlee Zulyniak **Parish Activities:** Kathy Woychesko, Kathy Rusnak
Stewardship: Rose Maleschuk

LENTEN JOURNEY WITH "CHRIST OUR PASCHA"



Presenter: Fr. Gregory Hryniuk

Join us every Thursday from March 3, 2022 – April 7, 2022

From 6:30 pm to 7:30pm

In person at Musee Ukraina Museum or via WebEx.

Contact UCREC at:

rel.ed@sasktel.net telephone: (303) 652-1718 for more information.

BIBLE STUDY ON TUESDAY NIGHTS WITH FR. GREGORY

UCREC update: As from Tuesday March 1, 2022

Bible Study is Live at Dormition of Mother of God Parish

6:30 pm to 7:15 pm.

Will continue to be available on WebEx.

Contact UCREC at rel.ed@sasktel.net or (306)652-1718 for more information



UCWLC EASTER BAKE SALE - PREORDER LIST

Paskas (medium size only) - \$ 8.00 each

Babkas - \$10.00 each

Pergies (potato & onion) -10 dozen bag \$40.00

Cabbage Rolls (5 dozen) - \$30.00



Cut-off Date for Orders - Friday, April 1st @ 4:00 pm

Pickup Time - Tuesday, April 5th---5:00 -7:00 pm

Contact for Orders:

Elaine - 306-782-0550 Sonia - 306-783-0952 Kathy - 306-783-8173

We appreciate your support for our fundraising efforts.



UPCOMING EVENTS

March 19/20	First Solemn Holy Communion Class	
March 26/27	First Solemn Holy Communion Class	
March 26	UCWLC Bounce into Spring Take Out Supper	4:00 pm - 7:00 pm
April 2/3	First Solemn Holy Communion Class	
April 3-6	Parish Lenten Mission with Bishop Peter Stasiuk	
April 6	Divine Liturgy at Yorkton Crossing Retirement Community	10:30 am
April 10	<i>Willow (Palm) Sunday</i>	
April 11	St. Mary's Cultural Centre Board Meeting	7:00 pm
April 15	<i>Good Friday</i>	
April 17	<i>Resurrection - Easter</i>	
May 14	First Reconciliation & Rehearsal	
May 15	First Solemn Holy Communion	
May 26	<i>Feast of the Ascension of Our Lord</i>	

St. Mary's UCWLC

BOUNCE INTO SPRING

TAKE OUT UKRAINIAN SUPPER
Saturday, March 26th 4:00 pm to 7:00 pm
at St. Mary's Cultural Centre



Dinner includes:

2 Sausages / 6 Pergies / 3 Cabbage Rolls / Coleslaw / Dessert

Cost: \$20.00 / plate

Advance Tickets available March 1st until March 21st

Contact: Elaine 306-782-0550 Sonia 306-783-0952 Kathy 306-783-8173

Tickets will be available after weekend Divine Liturgies starting March 5th

DEADLINE for submissions to the bulletin **Wednesdays at 12:00 Noon.** The next bulletin will be printed for Sunday, March 27th. Please call the Parish Office in the mornings on Tuesday, Wednesday or Thursday or email your information to st.mary.yorkton@sasktel.net.



The Ukrainian Catholic Eparchy of Saskatoon Eparchial Safeguarding Policy: Covenant of Care, Electronic Communication and Technology & Abuse and Misconduct Policy is a code of conduct which is designed to create safe and respectful church communities and healthy ministerial relationships, and to protect people from abuse and the harm that results.

To speak to someone about a concern please contact your Pastor, Parish Coordinator of Care (PCC) **Deborah Larmour**, Eparchial Coordinator of Care at **(306)-653-0138 ext. 228**; Cell: 306-222-1475 or email: covenantofcare@skeparchy.org More information is available on the Eparchial Website, www.skeparchy.org.

PLENTIFUL REDEMPTION IN ACTION IN UKRAINE

The Redemptorists of the Lviv Province in Ukraine are working on the ground with both locals and refugees fleeing the war. They are supporting people with counselling, the sacraments, and prayer. Redemptorist churches and monasteries are open to provide support, temporary shelter, and food for refugees on their way to Poland or Romania.

Please consider making a donation to these efforts.

- NEW! – E-Transfers: Send them to ucmwp@gmail.com In the message box, please put "War Relief Ukraine" and include your name and address so that you can receive a tax receipt.
- Cheques are payable to "Ukrainian Catholic Mission of the Most Holy Redeemer." Please put "War Relief Ukraine" in the memo line.
- These donations are tax deductible and receipts will be issued. Donations will be sent to the Redemptorists in Ukraine via secure channels as soon as possible.



Send donations to:
Regional Finance Office
250 Jefferson Ave.
Winnipeg, MB R2V 0M6



Thank you for your generosity. Please pray for the citizens of Ukraine.
Our Mother of Perpetual Help, pray for us.

Fr. Michael Smolinski, C.Ss.R.
Regional Coordinator – Redemptorists of the Yorkton Region (Province of Canada)



GREAT LENT - SCHEDULE OF SERVICES

Liturgy of the Presanctified Gifts (English) Wednesdays & Fridays - **7:00 pm**
Divine Liturgy & Sorokousty (English & Ukrainian) on **All Souls Saturdays** - 9:00 am
Way of the Cross (English & Ukrainian) Mondays - 7:00 pm



FIRST SOLEMN HOLY COMMUNION CLASS
INSCRIPTION SERVICE



On Sunday, March 20th at the 11:00 am Divine Liturgy, the children who will receive their First Solemn Holy Communion next spring will participate in the Inscription Service.
Please pray for these young people, their parents and teachers as they prepare for this very special event in their lives.

**2ND SUNDAY OF LENT - ST. GREGORY PALAMAS
VENERATION OF THE HOLY CROSS**

**MARCH 13, 2022
MARCH 20, 2022**

*The theme of Sunday is always Resurrection.
We invite you to refrain from kneeling during the Divine Liturgy.*

Today's special liturgical parts & readings are found on the Tropars, Kondaks, Epistle & Gospel Readings handout available at the entrances.

THE NEXT TWO WEEKS AT ST. MARY'S

SUN	MAR 13	2nd Sunday of Lent - St. Gregory Palamas 9:00 am Divine Liturgy (<i>Ukrainian</i>) 11:00 am..... Divine Liturgy (<i>English</i>)
MON	MAR 14	10:00 am* Ukrainian Catholic Brotherhood Meeting 7:00 pm..... Way of the Cross
TUE	MAR 14	7:00 pm..... Parish Council Meeting
WED	MAR 16	7:00 pm..... Liturgy of the Presanctified Gifts
FRI	MAR 18	7:00 pm..... Liturgy of the Presanctified Gifts
SAT	MAR 19	All Souls Saturday 9:00 am Divine Liturgy & Sorokousty 9:00 am..... First Solemn Holy Communion Class 5:00 pm..... Divine Liturgy
SUN	MAR 20	3rd Sunday of Lent - Veneration of the Holy Cross 9:00 am..... Divine Liturgy (<i>Ukrainian</i>) 10:00 am..... First Solemn Holy Communion Class 11:00 am..... Divine Liturgy (<i>English</i>) 11:00 am..... 1st Solemn Holy Communion Inscription
MON	MAR 21	7:00 pm..... Way of the Cross
WED	MAR 23	7:00 pm..... Liturgy of the Presanctified Gifts
FRI	MAR 25	Feast of the Annunciation 9:00 am..... Divine Liturgy
SAT	MAR 26	All Souls Saturday 9:00 am Divine Liturgy & Sorokousty 9:00 am..... First Solemn Holy Communion Class 4:00 - 7:00 pm..... UCWLC Bounce into Spring Take Out Supper 5:00 pm..... Divine Liturgy

DEEPEST SYMPATHY

We express our sympathy & prayers to the family & friends of **+William Decker,**
+Agnes Gawryluik, +Eileen Sallie and +Marie Windjack who passed away recently.
Вічна Память God Grant Them Eternal Rest Вічна Память

DIVINE LITURGY INTENTIONS FOR THE WEEK OF SUNDAY, MARCH 13

2nd Sunday of Lent - St. Gregory Palamas *Hebrews 1:10:-2:3 ~ Mark 2:1-12*

MON MAR 14 Venerable Benedict *Ephesians 4:25-32 ~ Matthew 5:42-48*

8:00 am +Pauline Prystai (40 Days).....Walter

8:00 am +Deceased Family Members.....Angeline & Joseph Sass

TUE MAR 15 Martyr Agapius *Philippians 2:12-26 ~ Matthew 10:32-38;19:27-30*

8:00 am God's Blessings for Frances Hudy (101st Birthday).....Victor & Vickie

8:00 am Health & God's Blessings for Victor Puchala.....Family

WED MAR 16 Martyr Sabinus *Ephesians 4:1-6 ~ Matthew 7:1-8*


7:00 pm Liturgy of the Presanctified Gifts

THU MAR 17 Venerable Alexis *Colossians 3:4-11 ~ Matthew 7:24-8:4*

8:00 am Health & God's Blessings for Fr. Ray Lukie.....Lena Popowich

8:00 am God's Blessings & well being for Grandson Chris.....Baba Mary

FRI MAR 18 St. Cyril *Ephesians 5:1-8 ~ Matthew 6:22-34*

7:00 pm  Liturgy of the Presanctified Gifts

SAT Mar 19 All Souls Saturday *Hebrews 10:32-38 ~ Mark 2:14-17*

9:00 am Divine Liturgy and Sorokousty

5:00 pm Health & God's Blessings for the Moroz & Turpin families...McLashen family

DIVINE LITURGY INTENTIONS FOR THE WEEK OF SUNDAY, MARCH 20

3rd Sunday of Lent - Veneration of the Cross *Hebrews 4:14-5:5 ~ Mark 8:34-9:1*

MON MAR 21 Confessor James *Philippians 2:5-11 ~ Matthew 13:10-23*

8:00 am +Deceased Family Members.....Yawney Families

8:00 am +Deceased Members of the Puchala Family.....Victor & Vickie

TUE MAR 22 Priest Martyr Basil *1 Corinthians 1:18-25 ~ Matthew 13:36-43*

8:00 am Birthday Blessings for Brian.....Sandi

8:00 am Health & God's Blessings for Fr. Leonid, Fr. Yevhen & Bishop Peter...a Happy Parishioner

WED MAR 23 Venerable Nikon *Galatians 2:16-20 ~ Matthew 9:18-26*


7:00 pm Liturgy of the Presanctified Gifts

THU MAR 24 Venerable Zacharias *Galatians 5:22-6:2 ~ Matthew 25:14-30*

8:00 am +Ann Obuck.....Michael & Gladys Sobkow

8:00 am +Mary Puchala.....Annie Achtemichuk

FRI MAR 25 *Hebrews 2:11-18 ~ Luke 1:24-38*

 **9:00 am Feast of the Annunciation**

SAT MAR 26 All Souls Saturday *Hebrews 6:9-12 ~ Mark 7:31-37*

9:00 am Divine Liturgy and Sorokousty

5:00 pm Health & God's Blessings for Members & Families...Ukrainian Catholic Brotherhood

Saint Mary's Building Fund Donations



In Memory Agnes Gawryluik

Ted & Emily Deneschuk	\$ 50.00	Steve & Sonia Popowich	\$ 20.00
Ed Perepeluk	\$ 50.00	Larry & Sandra German	\$ 20.00
Edna Perepeluk	\$ 20.00		

St. Mary's Renovation Project

Peter & Verna Moroz \$ 20.00

Balance of the Fund to date: \$367,867.95 Thank you very much

Donations may be given anytime.
All funds collected will be used for the future renovations of our church.
Building Fund Envelopes are available at the entrances of the Church

CHURCH DONATIONS- To ensure that your donation is properly recorded and acknowledged, please mark your envelope and the memo line on your cheque "*In memory of...*" or "*On the occasion of...*"

****NEW LOCATION FOR THE PARISH OFFICE****

The Parish Offices are now located in the Church Basement.
Please use the Golden Agers entrance on the Northeast side of the church.
Please do not come to the South door - we are no longer in the Monastery
We thank you for your continued patience and understanding during this transition.

WEDDING PLANS ??- If you are planning to be married at St. Mary's or any of the Yorkton District parishes, *please contact Fr. Leonid (306-783-4594) at least six months before the wedding date.*



DIVINE LITURGY INTENTIONS - If you are making an offering for this service by cheque, please make your cheque payable to: Ukrainian Catholic Mission

In accordance with the **Eparchial Stipend Schedule (effective November 1, 2017), the suggested **stipend (offering)** for a Divine Liturgy Intention is **\$20.00**.

****NEW** You can find Liturgy Request Forms with envelopes at the Church Entrances.**
Once you have completed the form, place it in the envelope with your stipend, seal the envelope and drop into the collection plate or through the mail slot in the Rectory.

Organizations to Support Ukraine

#StandWithUkraine

Humanitarian Aid:

Canada-Ukraine Foundation (UCC National)

- Campaign to raise \$5 million to provide humanitarian assistance to Ukrainians in need and to address any further aggression by Russia.

- Donate at: www.cufoundation.ca or, pay by cheque at New Community Credit Union or mail to: o New Community Credit Union, 321 20th Street W, S7M 0X1

NASHI (UCC-Saskatoon Branch member)

- Operates an orphanage for girls in Ukraine. They are looking to purchase supplies to ensure they are able to keep the girls safe during the war.

- Donate: www.Nashi.ca/donate

Ukrainian National Federation (UCC-Saskatoon Branch member)

- Supporting Ukrainian

- UNF Foundation, 145 Evans Ave, Ste 210, Toronto, ON, M8Z 5X8

- Cheque Memo: Indicate What Branch, Program or Activity you wish to direct your donation to Donate Online through Canada Helps

Stream of Hopes (Saskatoon-based non-profit)

- Aid for Ukraine who is also collecting and sending money to help house refugee orphans and moms with kids in the City of Goodness in Chernivtsi. Donate at: www.streamofhopes.ca

Nova Ukraine

- Civilian-oriented organization focussed on aid (food, household supplies)

- Donate at: <https://novaukraine.org/>

United Help Ukraine

- medical supplies, humanitarian aid, wounded warrior

- Donate at: <https://unitedhelpukraine.org/>

Voices of Children

- provide psychological and psychosocial support to children. It helps them overcome the consequences of armed conflict

- Donate at: <https://voices.org.ua/en/>

Canada Helps

- At this link: HelpAge Canada, UNICEF Canada, Canadian Red Cross, Save the Children, UNHCR, GlobalMedic

- Donate at: canadahelps.org/en/donate-to-ukraine/

Ukraine War: <https://ukrainewar.carrd.co/>

- At this link: Army SOS, Phoenix Wings, Vostok SOS, Razom for Ukraine, Fundraiser for Flower of Peace, Hospitaliers, Ukrainian Red Cross, UWVM/Veteranka

Ukrainian Army

Come Back Alive

- Provides Ukraine's military with auxiliary equipment, software, drones, personal armour, training.

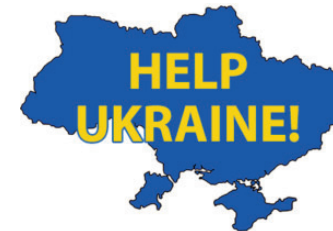
- Donate at: www.savelifeline.in.ua

Ukrainian Army via National Bank of Ukraine

- Instructions on the site

- Donate at: www.bank.gov.ua

HELP UKRAINE



Yorkton has locations set up to collect Humanitarian Aid for Ukraine:

Donations can be dropped off at:

St. Mary's Church Monday to Friday 1:00 - 5:00 pm

Unit H 132 Broadway Street West, Yorkton Monday to Friday 8:00

am - 12:00 Noon

Ukrainian Orthodox Church Friday 6:00 - 9:00 pm, Saturday & Sunday 1:00 - 4:00 pm

Medical Items:

First Aid Kits

Freezing Spray/ Creams

Tourniquets

Medical Supplies (scissors, tape, bandages)

Tylenol / Advil

Imodium, Pepto, Gravol

Anti-spasm meds

Syringes

Soft stretchers

Splints

Neck Braces

Anti-fever meds

Neocitrin powder

Throat gargle meds

Sore throat lozenges

Antibiotics

Anti-septic wipes/liquids

Needles

Thick Elastic Bandages

Polysporin

Muscle Relaxants

Nasal Spray

Cold Medication

Anti-anxiety meds

White Activated Charcoal

Allergy Meds (Claritin)

Wound Cleaner/spray

IV Bags

Food Items:

Non-perishable items (dried fruit, vegetables, nuts, granola bars, cereal, canned goods, powdered milk, dry soup)

Baby Items:

Formula, puree, cereal, snacks

Diapers / Pull-Ups

Diaper cream, Wipes

Toys

Soothers

Baby Bottles

Hygiene Items:

Bar soap

Toothpaste/ toothbrushes

Disposal razors

Toilet Paper

Feminine Products

Towels (lightweight)

Clothing Items:

Thermal Underwear

Warm Socks

Construction Grade Gloves

Household Items:

Sleeping Bags

Tents, Air Mattresses

Radio

Flashlight

Duct Tape

If you have any questions, please contact:

Oksana 306-620-8543 or **Larissa** 306-621-4036 **Email:** yorktonhumanitarianaidukraine@gmail.com

**TROPARS, KONDAKS, EPISTLE & GOSPEL FOR
SUNDAY, MARCH 13
2ND SUNDAY OF LENT - ST. GREGORY PALAMAS**



Tropar, tone 1: Though the stone was sealed by the Jews* and soldiers guarded Your most pure body,* You arose, O Savior, on the third day,* and gave life to the world.* And so the heavenly powers cried out to You, O Giver of life:* Glory to Your resurrection, O Christ!* Glory to Your kingdom!* Glory to Your saving plan,* O only Lover of Mankind.

Glory be to the Father, and to the Son, and to the Holy Spirit; now and for ever and ever. Amen!

Kondak of 2nd Sunday of Lent, tone 4: Now is the proper time for cultivating virtue;* judgment is at the door.* And so let us fast;* let us show tears of remorse and bring alms;* let us cry out:* "Our sins are more numerous than the sands of the seas.* Forgive us, Creator of all,* that we may obtain crowns of incorruption."

Prokimen, tone 5: You, O Lord, will guard us and will keep us from this generation, and for ever.
Verse: Save us, Lord, there are no devout men left.

Epistle: A reading from the Letter of the Holy Apostle Paul to the Hebrews. (1: 10 - 2: 3)

Lord of old you established the earth, and the heavens are the work of your hands. They will perish, but you remain; all of them will grow old like a garment. You will roll them up like a cloak, like a garment they will be changed. But you are the same, and your years will have no end. To which of the angels has God even said, "Sit at my right hand till I make your enemies your footstool?" Are they not all ministering spirits, sent to serve those who are to inherit salvation? In view of this, we must attend all the more to what we have heard, lest we drift away. For if the word spoken through angels stood unchanged, and all transgression and disobedience received its due punishment, how shall we escape if we ignore a salvation as great as ours? Announced first by the Lord, it was confirmed to us by those who had heard him.

Alleluia Verses:

*God gives me vindication, and has subdued peoples under me.
Making great the salvation of the king, and showing mercy to His anointed, to David, and to His posterity for ever.*

Gospel: Mark 2: 1 - 12

At that time when Jesus came to Capernaum after a lapse of several days and word got around that he was at home. At that they began to gather in great numbers. There was no longer any room for them, even around the door. While he was delivering God's word to them, some people arrived bringing a paralyzed man to him. The four who carried him were unable to bring him to Jesus because of the crowd, so they began to open up the roof over the spot where Jesus was. When they had made a hole, they let down the mat on which the paralytic was lying. When Jesus saw their faith, he said to the paralytic man, "My son, your sins are forgiven." Now some of the scribes were sitting there asking themselves: "Why does the man talk in that way? He commits blasphemy! Who can forgive sins except God alone?" Jesus was immediately aware of their reasoning, though they kept it to themselves, and he said to them: "Why do you harbor these thoughts? Which is easier to say to the paralytic, 'Your sins are forgiven, or to say, 'Stand up, pick up your mat, and walk again.'? That you may know that the Son of Man has authority on earth to forgive sins" (he said to the paralytic man), "I command you: Stand up! Pick up your mat and go home." The man stood and picked up his mat and went outside in the sight of everyone. They were awestruck; all gave praise to God saying, "We have never seen anything like this!"

Instead of 'It is truly right': In you,* Lady full of grace,* all creation rejoices,* the world of angels* and the human race.* Sanctified temple, spiritual paradise,* boast of virgins,* God* took flesh from you* and became a child;* He was God* before* the ages.* He made your womb* a throne* and made it* more encompassing* than the heavens.* In you,* Lady full of grace,* all creation rejoices,* glory be to you.

Communion Hymn: Praise the Lord from the heavens, praise Him in the highest.

Alleluia! Alleluia! Alleluia!

**TROPARS, KONDAKS, EPISTLE & GOSPEL FOR
SUNDAY, MARCH 20**

3RD SUNDAY OF LENT - VENERATION OF THE CROSS



Sunday Tropar, tone 2: When You went down to death, O Life Immortal,* You struck Hades dead with the blazing light of Your divinity.* When You raised the dead from the nether world,* all the powers of heaven cried out:* "O Giver of life, Christ our God, glory be to You!"

Tropar of the Cross, tone 1: Save Your people, O Lord, and bless Your inheritance.* Grant victory to Your faithful people against enemies,* and protect Your community by Your cross.

Glory be to the Father, and to the Son, and to the Holy Spirit; now and for ever and ever. Amen!

Kondak, 3rd Sunday of Lent, tone 7: The gates of Eden are no more guarded by a blazing sword,* for the tree of the cross has gloriously extinguished it,* destroying the sting of death and the victory of hell.* O my Saviour, You went to those in Limbo crying aloud, "Return to paradise!"

Instead of: Holy God, Holy Mighty. . . .: To Your cross, O Master, we bow in veneration, and we glorify Your holy Resurrection.

Prokimen, tone 6: Save Your people, O Lord, and bless Your inheritance.

Verse: *Unto You I will cry, O Lord my God, lest You turn from me in silence.*

Epistle: A reading from the Letter of the Holy Apostle Paul to the Hebrews. (4: 14 - 5: 6)

Brothers and Sisters! Since, then, we have a great high priest who has passed through the heavens, Jesus, the Son of God, let us hold fast to our profession of faith. For we do not have a high priest who is unable to sympathize with our weakness, but one who was tempted in every way that we are, yet never sinned. So let us confidently approach the throne of grace to receive mercy and favor and to find help in time of need. Every high priest is taken from among men and made their representative before God, to offer gifts and sacrifices for sins. He is able to deal patiently with erring sinners, for he himself is beset by weakness and so must make sin offerings for himself as well as for the people. One does not take this honor on his own initiative, but only when called by God as

as Aaron was. Even Christ did not glorify himself with the office of high priest; he received it from the One who said to him: "You are my son; today I have begotten you"; just as he says in another place, "You are a priest forever, according to the order of Melchizedek."

Alleluia Verses:

Remember the people you long since made your own.

Yet, God, my king from the first, author of saving acts throughout the earth.

Gospel: Mark 8: 34 - 9:1

The Lord said: "If a man wishes to come after me, he must deny his very self, take up his cross, and follow in my steps. Whoever would preserve his life will lose it, but whoever loses his life for my sake and the gospel's will preserve it. What profit does a man show who gains the whole world and destroys himself in the process? What can a man offer in exchange for his life? If anyone in this faithless and corrupt age is ashamed of me and my doctrine, the Son of Man will be ashamed of him when he comes with the holy angels in his Father's glory." He also said to them: "I assure you, among those standing here there are some who will not taste death until they see the reign of God established in power."

Instead of 'It is truly right': In you,* Lady full of grace,* all creation rejoices,* the world of angels* and the human race.* Sanctified temple, spiritual paradise,* boast of virgins,* God* took flesh from you* and became a child;* He was God* before* the ages.* He made your womb* a throne* and made it* more encompassing* than the heavens.* In you,* Lady full of grace,* all creation rejoices,* glory be to you.

Communion Hymn: The Light of Your face, O Lord, is raised over us.
Alleluia! Alleluia! Alleluia!